

Important Plants in Kerala Ayurveda Industry

Tree crops

| Sl. No. | Botanical name | Malayalam Name | Part used |
|---------|----------------------------------|-----------------|----------------------|
| 1. | <i>Acacia catechu</i> | Karingali | Heart wood |
| 2. | <i>Aegle marmelos</i> | Koovalam | Root, Leaves |
| 3. | <i>Azadirachta indica</i> | Veppu | Bark, Leaves |
| 4. | <i>Cassia fistula</i> | Kanikkonna | Bark |
| 5. | <i>Gmelina arborea</i> | Kumizhu | Root |
| 6. | <i>Holarrhena pubescens</i> | Kudakappala | Bark |
| 7. | <i>Oroxylum indicum</i> | Palakapayyani | Root |
| 8. | <i>Phyllanthus emblica</i> | Nellikka | Fruits |
| 9. | <i>Pongamia pinnata</i> | Unghu | Bark |
| 10. | <i>Pterocarpus marsupium</i> | Venga | Heart wood |
| 11. | <i>Pterocarpus santalinus</i> | Rakthachandanam | Heart wood |
| 12. | <i>Santalum album</i> . | Chandanam | Heart wood |
| 13. | <i>Saraca asoca</i> | Asoka | Bark |
| 14. | <i>Stereospermum colais</i> | Pathiri | Root |
| 15. | <i>Symplocos cochinchinensis</i> | Pachotti | Bark |
| 16. | <i>Terminalia arjuna</i> | Neermaruthu | Bark |
| 17. | <i>Terminalia bellirica</i> | Thanikka | Fruits, Leaves, bark |
| 18. | <i>Terminalia chebula</i> | Kadukka | Fruits |

Short Term Plants

| Sl. No. | Botanical name | Malayalam Name | Part used |
|---------|--------------------------------|----------------|-------------|
| 1. | <i>Acorus calamus</i> | Vayambu | Rhizome |
| 2. | <i>Adhatoda zeylanica</i> | Adalodakam | Root |
| 3. | <i>Aloe barbadensis</i> | Kattarvazha | Leaves |
| 4. | <i>Alpinia calcarata</i> | Chittaratha | Root |
| 5. | <i>Andrographis paniculata</i> | Kiriyath | Whole plant |
| 6. | <i>Asparagus racemosus</i> | Sathavari | Rhizome |
| 7. | <i>Bacopa monnieri</i> | Brahmi | Whole Plant |
| 8. | <i>Baliospermum montanum</i> . | Nagadandhi | Root |
| 9. | <i>Boerhaavia diffusa</i> | Thazhuthama | Root |
| 10. | <i>Centella asiatica</i> | Muthil | Whole plant |
| 11. | <i>Coscinium fenestratum</i> | Maramanjil | Bark |
| 12. | <i>Desmodium gangeticum</i> | Orila | Root |

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| 13. | <i>Eclipta prostrata</i> | Kanjunni | Leaves |
| 14. | <i>Hemidesmus indicus</i> | Naruneendi | Rhizome |
| 15. | <i>Holostemma ada-kodien</i> | Adapathiyam | Rhizome |
| 16. | <i>Indigofera tinctoria</i> | Neelayamari | Leaves , Root |
| 17. | <i>Kaempferia galanga</i> | Kacholam | Rhizome |
| 18. | <i>Mucuna pruriens</i> | Naikkorana | Fruit |
| 19. | <i>Ocimum sanctum</i> | Thulasi | Leaves , Root, etc |
| 20. | <i>Phyllanthus amarus</i> | Keezharnelli | Whole plant |
| 21. | <i>Piper longum</i> | Kattuthippali | Fruits |
| 22. | <i>Plumbago indica</i> | Koduveli | Rhizome |
| 23. | <i>Pseudarthria viscida</i> | Moovila | Root |
| 24. | <i>Rauvolfia serpentina</i> | Sarpagandhi | Root |
| 25. | <i>Ricinus communis</i> | Avanakku | Root |
| 26. | <i>Sida rhombifolia ssp retusa</i> | Kurumthotty | Root |
| 27. | <i>Solanum anguivi</i> | Cheruvazhuthana | Root |
| 28. | <i>Solanum nigrum</i> | Karimthakali | Root |
| 29. | <i>Solanum torvum Sw.</i> | Puthirichuda | Root |
| 30. | <i>Strobilanthes ciliatus</i> | Karinkurinji | Root , Whole plant |
| 31. | <i>Tinospora cordifolia</i> | Chittamruthu | Twiner |
| 32. | <i>Tragia involucrata</i> | Koduthoova | Root |
| 33. | <i>Tribulus terrestris L.</i> | Njerinjil | Fruits |
| 34. | <i>Trichosanthes cucumerina</i> | Kattupadavalam | Whole plant |
| 35. | <i>Withania somnifera</i> | Amukkuram | Root |
| 36. | <i>Zingiber officinale Rosc.</i> | Chukku | Rhizome |
| 37. | <i>Curcuma aromatica</i> | Kasthurimanjal | Rhizome |